






















# Activity Center Calendar February 2017

## Saturday Trips

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-size: 2em;">FEBRUARY</h1>		<b>1</b> COFFEE CLUB 9:00 TOPS 1:00 Games 	<b>2</b> 9:00 Exercise 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck 1:30 Nursing Home Bingo 	<b>3</b> COFFEE CLUB 12:30 Blood Pressure Check <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b>	<b>4</b> <b>Tuscola, IL</b> Outlet Mall  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>6</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/ Jim  1:00 Games	<b>7</b> 9:00 Exercise 10:00 Line Dancing  10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Evening Meal	<b>8</b> COFFEE CLUB 9:00 TOPS 11:00 NARFE  1:00 Games	<b>9</b> 9:00 Exercise 11:00 Dine with a Doc®  1:00 Games	<b>10</b> COFFEE CLUB <b>1:00 Bingo Sponsor:</b> <b>Effingham Ophthalmology</b>	<b>11</b> <b>Springfield, IL</b> Lincoln's Tomb  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>13</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	<b>14</b> 9:00 Exercise 10:00 Line Dancing 	<b>15</b> COFFEE CLUB 9:00 TOPS 1:00 Games	<b>16</b> 8:30 Breakfast In A Briefcase Sponsor: <b>Stanfield</b> <b>Chiropractic</b> 9:00 Exercise  1:00 Games	<b>17</b> COFFEE CLUB <b>1:00 Dessert Bingo</b> <b>Sponsor: Villas of</b> <b>Hollybrook</b>	<b>18</b> <b>Alton, IL</b> Argosy Casino  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>20</b> Office is <b>CLOSED</b> in observation of Presidents' Day 	<b>21</b> 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	<b>22</b> COFFEE CLUB 9:00 TOPS 1:00 Games 	<b>23</b> 9:00 Exercise 1:00 Birthday Party cake by <b>Martins</b> ,  ice cream from <b>Brookstone</b> , gift from <b>Effingham Rehab</b> 1:00 games	<b>24</b> COFFEE CLUB <b>1:00 Bingo Sponsor:</b> <b>Lakeland Rehab</b>	<b>25</b> <b>Fairview Hieghts, IL</b> St Clair Square  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>27</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games 	<b>28</b> 9:00 Exercise 10:00 Line Dancing 	<b>1-Mar</b> COFFEE CLUB  9:00 TOPS 1:00 Games	<b>2-Mar</b> 9:00 exercise 10:00 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck 1:30 Nursing Home Bingo 	<b>3-Mar</b> COFFEE CLUB 9:30 Rules of the Road <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b>	<b>4-Mar</b> Information to come.... Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am