





















# Activity Center Calendar March 2017

Saturday Trips 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> COFFEE CLUB 9:00 TOPS 1:00 Games 	<b>2</b> 9:00 Exercise 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck Sponsor: Brookstone Estates 	<b>3</b> COFFEE CLUB 9:30 Rules of the Road 12:30 Blood Pressure Check <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b>	<b>4</b> <b>CHAMPAIGN, IL</b> Market Place & Hobby Lobby  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>6</b> 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/Athena 1:00 Games 1:00 SHIP 	<b>7</b> 9:00 Exercise 10:00 Line Dancing 10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Evening Meal 	<b>8</b> COFFEE CLUB 9:00 TOPS 11:00 NARFE 1:00 Games 	<b>9</b> 9:00 Exercise 11:00 Dine with a Doc®  1:00 Games	<b>10</b> COFFEE CLUB <b>1:00 Bingo Sponsor:</b> <b>Effingham Ophthalmology</b>	<b>11</b> <b>Arthur, IL</b> Shopping Amish Country  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>13</b> 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games 1:00 SHIP 	<b>14</b> 9:00 Exercise 10:00 Line Dancing 	<b>15</b> COFFEE CLUB 9:00 TOPS 1:00 Games	<b>16</b> 9:00 Exercise 11:00 Successful Aging Sponsor: First National Bank  1:00 Games	<b>17</b> COFFEE CLUB <b>1:00 Dessert Bingo</b> <b>Sponsor: Villas of Hollybrook</b>	<b>18</b> <b>Belleville, IL</b> Flea Market  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>20</b> 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games 1:00 SHIP	<b>21</b> 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	<b>22</b> COFFEE CLUB 9:00 TOPS 1:00 Games 	<b>23</b> 9:00 Exercise 1:00 Games 1:00 Senior Cinema Presents: "The Bridge On The River Kwai" 	<b>24</b> COFFEE CLUB <b>1:00 Bingo Sponsor:</b> <b>Lakeland Rehab</b>	<b>25</b> <b>Alton, IL</b> Argosy Casino  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am
<b>27</b> 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games 1:00 SHIP 	<b>28</b> 9:00 Exercise 10:00 Line Dancing 	<b>29</b> COFFEE CLUB 9:00 TOPS 1:00 Games 	<b>30</b> 9:00 Exercise 1:00 Birthday Party cake by Martins, ice cream from Brookstone, gift from Effingham Rehab 1:00 games 	<b>31</b> COFFEE CLUB <b>1:00 Bingo Sponsor:</b> <b>Brookstone Suites</b>	<b>1-Apr</b> Information to come.... Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00am