



Activity Center Calendar May 2016



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/Jim 1:00 Games</p> 	<p>3 9:00 Exercise 10:00 Line Dancing 10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal</p>  	<p>4 8:30 - 11:30 Health & Information Fair</p>   	<p>5 9:00 Exercise 10:30 Blood Pressure Checks by St Anthony Hospital 11:30 Mother's Day Potluck Sponsored by: Villas of Hollybrook 1:00 Games</p> 	<p>6 COFFEE CLUB 9:00 Rules of the Road 1:00 Blood Pressure Check 1:00 Bingo Sponsor: Effingham Health & Rehab</p> 	<p>7 Greenville American Heritage Museum, Swap meet & Flea Market, lunch at Kuhana Burgers & resale shopping. GREENVILLE, IL</p>  <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>9 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p>	<p>10 9:00 Exercise 10:00 Line Dancing 1:30 "Dessert Bar Talk" Sponsored by: Aperion</p> 	<p>11 COFFEE CLUB 9:00 TOPS 11:00 NARFE 1:00 Games</p> 	<p>12 9:00 Exercise 11:00 Dine with a Doc® 12:30 Super Bingo!!</p>  	<p>13 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology</p> 	<p>14 Scott Field Heritage airpark & shopping in the Belleville area. BELLEVILLE, IL</p>  <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>16 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>17 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic</p> 	<p>18 COFFEE CLUB 9:00 TOPS 1:30 "How To Stay Young For The First 100 Years" by Stanfield Chiropractic Lite Snack will be provided.</p> 	<p>19 9:00 Exercise 1:00 Games</p>	<p>20 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook</p> 	<p>21 Monticello Wabash Depot, Visit the Railroad Museum & shop. MONTICELLO, IL</p>  <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>23 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 12:00 911 Presentation Luncheon 1:00 Games</p> 	<p>24 9:00 Exercise 10:00 Line Dancing 1:00 Senior Cinema "Singin In The Rain"</p> 	<p>25 Office Closed For Staff Meeting</p> 	<p>26 9:00 Exercise 1:00 Birthday Party cake by Martins, ice cream from Brookstone, gift from Effingham Rehab 1:15 Citizen Alert Presentation by Kim Tegeler</p> 	<p>27 COFFEE CLUB 11:00 Successful Aging Sponsored by: Lincolnland Home Care & Hospice 1:00 Bingo Sponsor: Lakeland Rehab</p> 	<p>28 Visit the Red Skelton Museum, then visit the George Rogers Clark Memorial, & shop Main Street. VINCENNES, IN</p> <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>30 Office CLOSED in observation of Memorial Day</p> 	<p>31 9:00 Exercise 10:00 Line Dancing</p> 	<p>1-Jun COFFEE CLUB 9:00 TOPS 1:00 Games</p>	<p>2-Jun 9:00 Exercise 11:30 Monthly Potluck 1:00 Games</p> 	<p>3-Jun COFFEE CLUB 1:00 Bingo Sponsor: Effingham Health & Rehab</p> 	