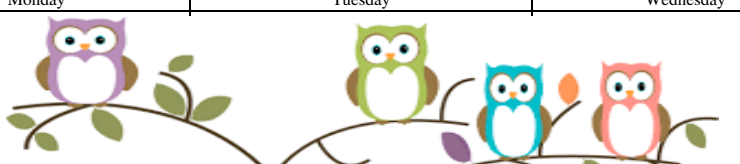








Activity Center Calendar September 2016

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">SEPTEMBER</h1>			1 9:00 Exercise 10:30 Blood Pressure Check By St Anthony Hospital 11:30 Monthly Potluck Sponsored by Evergreen Nursing Home 1:30 Nursing Home Bingo	2 COFFEE CLUB 9:30 Rules of the Road 12:30 Blood Pressure Check 1:00 Bingo Sponsor: Effingham Health & Rehab	3 Arthur, IL Arthur Cheese Festival  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA at 8:00 am
5  Office CLOSED in observance of LABOR DAY	6 9:00 Exercise 10:00 Audibel Clinic 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal	7 COFFEE CLUB 9:00 TOPS 1:00 Games	8 9:00 Exercise 10:00 Flu Shots by Walgreens 11:00 Dine with a Doc® 1:00 Games	9 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology	10 Arcola, IL Arcola Broomcorn Festival  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA at 8:00 am
12 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	13 9:00 Exercise 10:00 Line Dancing	14 COFFEE CLUB 9:00 TOPS 11:00 NARFE 1:00 Games	15 9:00 Exercise 1:00 Games	16 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook	17 Belleville, IL Belleville Flea Market  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA at 8:00 am
19 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Painting w/ Jim 10:00 Quilting Class 1:00 Games	20 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 1:00 Senior Cinema "McLintock!" starring John Wayne	21 COFFEE CLUB 9:00 TOPS 1:00 Games	22 9:00 Exercise 1:00 Games	23 COFFEE CLUB 1:00 Bingo Sponsor: Lakeland Rehab	24 Champaign, IL Wellness & Brain Fitness Fair Market Place Mall  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA at 8:00 am
26 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	27 Office Closed For Staff Meeting	28 COFFEE CLUB 9:00 TOPS 1:00 Games	29 9:00 Exercise 1:00 Birthday Party cake by Martins, ice cream from Brookstone, gift from Effingham Rehab 1:00 Games	30 COFFEE CLUB 1:00 Bingo Sponsor: Brookstone Suites & Estates	1-Oct Taylorville, IL Taylorville Chillifest  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA at 8:00 am