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## Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/ Jim 	<b>2</b> 9:00 Exercise 10:00 Audibel Clinic 10:00 Line Dancing  1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo	<b>3</b> COFFEE CLUB  9:00 TOPS 1:00 Games	<b>4</b> 9:00 Exercise 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck 	<b>5</b> COFFEE CLUB  <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b>	<b>6</b> Vincennes, IN Breakfast and shopping!  Bus leaves ECCOA at 8:00 am Ph: 1-877-667-6123 to schedule
<b>8</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 	<b>9</b> 9:00 Exercise 10:00 Line Dancing 	<b>10</b> COFFEE CLUB  9:00 TOPS 11:00 NARFE  1:00 Games 5:00 NAMI Brown Bag Supper	<b>11</b> 9:00 Exercise 11:00 Dine with a Doc®  1:00 Games	<b>12</b> COFFEE CLUB  <b>1:00 Bingo Sponsor:</b> <b>Effingham Ophthalmology</b>	<b>13</b> Urbana, IL Shopping, lunch, & Spurlock Museum! Bus leaves ECCOA at 8:00 am Ph: 1-877-667-6123 to schedule
<b>15</b> Office is <b>CLOSED</b> in observation of Presidents' Day 	<b>16</b> 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	<b>17</b> COFFEE CLUB  9:00 TOPS 1:00 Games	<b>18</b> 8:30 Breakfast In A Briefcase Sponsor: <b>Brookstone</b> <b>Estates</b>  9:00 Exercise	<b>19</b> COFFEE CLUB  <b>1:00 Dessert Bingo</b> Sponsor: <b>Villas of</b> <b>Hollybrook</b>	<b>20</b> Charleston & Mattoon, IL Resale shopping, & lunch  Bus leaves ECCOA at 8:00 am Ph: 1-877-667-6123 to schedule
<b>22</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 	<b>23</b> 9:00 Exercise 10:00 Line Dancing	<b>24</b> COFFEE CLUB  9:00 TOPS 1:00 Birthday Party  <b>cake by Martins,</b> <b>ice cream from Brookstone,</b> <b>gift from Effingham Rehab</b>	<b>25</b> <b>Office Closed</b> <b>For Staff Meeting</b> 	<b>26</b> COFFEE CLUB  <b>1:00 Bingo Sponsor:</b> <b>Lakeland Rehab</b>	<b>27</b> Terre Haute, IN Lunch & Shopping at Honey Creek Mall! Bus leaves ECCOA at 8:00 am Ph: 1-877-667-6123 to schedule
<b>29</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class	<b>1-Mar</b> 9:00 Exercise 10:00 Audibel Clinic 10:00 Line Dancing  5:00 Tuesday Night Meal 6:00 Bingo	<b>2-Mar</b> COFFEE CLUB 9:00 TOPS 1:00 Games	<b>3-Mar</b> 9:00 Exercise 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck 	<b>4-Mar</b> COFFEE CLUB  9:30 Rules of the Road <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b>	