

Activity Center Calendar May 2018

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo	2 9:00 TOPS 11:30 Mother's Day Potluck 1:00 Games 	3 8:30 - 11:30 Senior Center Health & Information Fair 	4 9:30 Rules of the Road 1:00 Bingo Sponsor: Effingham Rehab & Health Care 	5 Arthur, IL Shopping & Lunch at Hen House Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
7 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class	8 9:00 Exercise 10:00 Line Dancing 	9 9:00 TOPS 11:00 NARFE 1:00 Games 	10 9:00 Exercise 11:00 Dine with a Doc® 12:30 Super Bingo! 	11 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology 	12 Tuscola, IL Outlet Mall & Lunch Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
14 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 	15 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	16 9:00 TOPS 1:00 Games	17 9:00 Exercise 1:00 Facial Therapy with Friends & Fun! 	18 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook 	19 Belleville, IL Flea Market & Lunch at Eckert's Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
21 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class	22 9:00 Exercise 10:00 Line Dancing 1:00 Senior Cinema "Angels In The Outfield" 	23 9:00 TOPS 1:00 Games 	24 9:00 Exercise 11:00 Home Run Luncheon 12:00 Music provided by "The Smokehouse Gang" 	25 1:00 Bingo Sponsor: Lakeland Rehab & Healthcare	26 No trip scheduled in observation of Memorial Day! Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
28 Office CLOSED in observation of Memorial Day 	29 9:00 Exercise 10:00 Line Dancing 	30 9:00 TOPS 1:00 Games	31 9:00 Exercise 1:00 Birthday Party with cake & ice cream provided by Aperia Care, gift from Effingham Rehab & Health Care 	1-Jun 1:00 Bingo Sponsor: Effingham Health & Rehab	2-Jun Info to come.... Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am