

# Activity Center Calendar September 2017

Saturday Trips 

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday




**1**  
COFFEE CLUB  
9:30 Rules Of The Road  
12:00 Blood Pressure Check  
**1:00 Bingo Sponsor:**  
**Effingham Health & Rehab**

**2**  
**Arthur, IL**  
Cheese Festival  
  
Ph: 1-855-755-2478 to schedule  
Bus leaves ECCOA @ 8:00am

**4**  
  
Office **CLOSED**  
in observance of  
**LABOR DAY**  


**5**  
9:00 Exercise  
10:00 Line Dancing  
10:00 Audibel  
1:00 Toe Nail Clinic  
5:00 Tuesday Evening Meal  



**6**  
COFFEE CLUB  
9:00 TOPS  
1:00 Games  


**7**  
9:00 Exercise  
10:30 Blood Pressure Check  
by St Anthony Hospital  
11:30 Potluck  
**Sponsor: Addus HealthCare**  



**8**  
COFFEE CLUB  
**1:00 Bingo Sponsor:**  
**Effingham Ophthalmology**  


**9**  
**Arcola, IL**  
Broomcorn Festival  
  
Ph: 1-855-755-2478 to schedule  
Bus leaves ECCOA @ 8:00am

**11**  
9:00 SHIP  
9:30 Knitting/Crochet Class  
10:00 Quilting Class  
10:00 Painting w/ Athena  
1:00 Games  



**12**  
9:00 Exercise  
10:00 Line Dancing  



**13**  
COFFEE CLUB  
9:00 TOPS  
11:00 NARFE  
1:00 Games  


**14**  
9:00 Exercise  
10:00 Flu Shot Clinic  
11:00 Dine with a Doc®  
  
1:00 Games

**15**  
COFFEE CLUB  
**1:00 Dessert Bingo**  
**Sponsor: Villas of Hollybrook**  


**16**  
**Alton, IL**  
Argosy Casino  
  
Ph: 1-855-755-2478 to schedule  
Bus leaves ECCOA @ 8:00am

**18**  
9:00 SHIP  
9:30 Knitting/Crochet Class  
10:00 Quilting Class  
1:00 Games  


**19**  
9:00 Exercise  
10:00 Line Dancing  
1:00 Toe Nail Clinic  



**20**  
COFFEE CLUB  
9:00 TOPS  
1:00 Games

**21**  
9:00 Exercise  
11:00 Successful Aging  
**Sponsor: First National Bank**  
  
1:00 Games


**22**  
COFFEE CLUB  
**1:00 Bingo Sponsor:**  
**Lakeland Rehab**  



**23**  
**Tuscola, IL**  
Outlet Mall  
  
Ph: 1-855-755-2478 to schedule  
Bus leaves ECCOA @ 8:00am

**25**  
9:00 SHIP  
9:30 Knitting/Crochet Class  
10:00 Quilting Class  
1:00 Games

**26**  
9:00 Exercise  
10:00 Line Dancing  
1:00 Senior Cinema  
**"Mrs. Doubtfire"**  


**27**  
COFFEE CLUB  
9:00 TOPS  
1:00 Games  


**28**  
9:00 exercise  
1:00 Birthday Party  
cake by Martins,  
ice cream from Brookstone,  
gift from Effingham Rehab  
1:00 games  


**29**  
COFFEE CLUB  
**1:00 Bingo Sponsor:**  
**Brookstone Suites**  


**30**  
**Greenup, IL**  
Fall Festival  
  
Ph: 1-855-755-2478 to schedule  
Bus leaves ECCOA @ 8:00am