



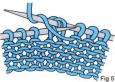



# Activity Center Calendar March 2016



## Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b> 9:00 Exercise 10:00 Line Dancing 10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo</p> 	<p><b>2</b> COFFEE CLUB 9:00 TOPS 1:00 Games</p> 	<p><b>3</b> 9:00 Exercise 10:30 Blood Pressure Check by St. Anthony Hospital 11:30 Monthly Potluck</p> 	<p><b>4</b> COFFEE CLUB 9:30 Rules Of The Road 1:00 <b>Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b></p> 	<p><b>5</b> Maple Syrup Fair &amp; Shopping Downtown Rockville,IL</p>  <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p><b>7</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/ Jim Rhodes</p> 	<p><b>8</b> 9:00 Exercise 10:00 Line Dancing</p>	<p><b>9</b> COFFEE CLUB 9:00 TOPS 11:00 NARFE 1:00 Games 5:00 NAMI Support Group</p> 	<p><b>10</b> 9:00 Exercise 11:00 Dine with a Doc® 1:00 Games</p> 	<p><b>11</b> COFFEE CLUB 1:00 <b>Bingo Sponsor:</b> <b>Effingham Ophthalmology</b></p> 	<p><b>12</b> Shopping White Oaks Mall &amp; Visit Old State Capital Springfield, IL</p> <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p><b>14</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class</p> 	<p><b>15</b> 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic</p> 	<p><b>16</b> COFFEE CLUB 9:00 TOPS 11:00 <b>First National Bank Free Lunch &amp; Financial Seminar</b> 1:00 Games</p>	<p><b>17</b> 9:00 Exercise</p> 	<p><b>18</b> COFFEE CLUB 1:00 <b>Dessert Bingo</b> <b>Sponsor: Villas of Hollybrook</b></p> 	<p><b>19</b> Antiquing &amp; Lunch at Grandma's Kitchen Flora, IL</p>  <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p><b>21</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class</p>	<p><b>22</b> 9:00 Exercise 10:00 Line Dancing</p>	<p><b>23</b> COFFEE CLUB 9:00 TOPS 9:00 AARP Tax-Aide</p> 	<p><b>24</b> 9:00 Exercise</p>	<p><b>25</b>  <b>In Observation of Good Friday</b></p> 	<p><b>26</b> Visit Labor &amp; Industry Museum &amp; Resale shopping Belleville, IL</p> <p>Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p><b>28</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class</p> 	<p><b>29</b> 9:00 Exercise 10:00 Line Dancing</p> 	<p><b>30</b> COFFEE CLUB 9:00 TOPS 9:00 AARP Tax-Aide</p>	<p><b>31</b> 9:00 Exercise 1:00 Birthday Party cake by <b>Martins</b>, ice cream from <b>Brookstone</b>, gift from <b>Effingham Rehab</b></p> 	<p><b>1-April-Fools</b> Coffee Club <b>1:00 Bingo Sponsor:</b> <b>Effingham Health &amp; Rehab</b></p>	