

# ACTIVITY CALENDAR

Mon

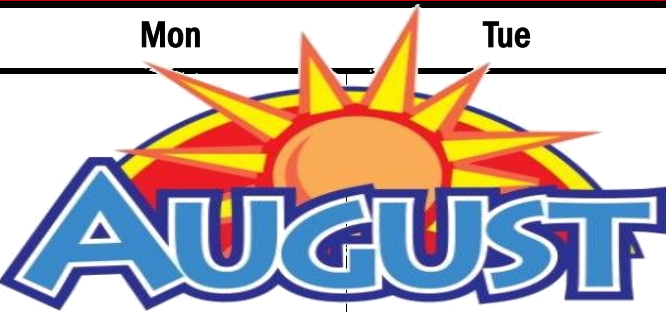
Tue

Wed

Thu

Fri

SATURDAY TRIPS



**1 The Sargent & Lincoln Log Cabin State Park Lerna IL**



Ph: 1-877-667-6123 to schedule  
Bus leaves ECCOA at 8am Sat.

**3**  
9:00 SHIP  
9:30 Knit/Crochet  
And Quilting Classes  
10:00 Painting w/Jim



**4**  
9:00 Exercise to Tape  
10:00 Audibel  
10:00 Line Dancing  
5:00 Tuesday Night Meal  
6:00 Bingo  
**NO TOE NAIL CLINIC**

**5 COFFEE CLUB**  
9:00 TOPS  
9-11 Senator's Health Fair at the Armory



**6 9:00 Exercise to Tape**  
11:30 Monthly Potluck  
Sponsored by: Brookstone Suites



**7 COFFEE CLUB Thru Rides Mass Transit**  
1:00 Bingo Sponsor: Effingham Health & Rehab



**8 CANDLES Holocaust Museum & Shopping & Dining Out Terre Haute IN**



Ph: 1-877-667-6123 to schedule

**10**  
8:30-12:30 Defensive Driving  
9:00 SHIP  
9:30 Knit/Crochet  
And Quilting Classes



**11**  
8:30-12:30 Defensive Driving  
9:00 Exercise to Tape  
10:00 Line Dancing  
5:00 Tuesday Night Meal  
6:00 Bingo

**12**  
COFFEE CLUB  
9:00 TOPS  
11:00 NARFE  
5:00 pm NAMI



**13 9:00 Exercise to Tape**  
11:00 Dine With A Doc  
Sponsored by Willowbrook



**14 COFFEE CLUB Thru Rides Mass Transit**  
1:00 Bingo Sponsor: Effingham Ophthalmology



**15**  
Walk With A Doc, 9am at the Trec

Tour the Fife Opera House

Ph: 1-877-667-6123 to schedule  
Bus leaves ECCOA at 8am Sat.

**17**  
9:00 SHIP  
9:30 Knit/Crochet  
And Quilting Classes



**18**  
9:00 Exercise to Tape  
10:00 Line Dancing  
1:00 Toe Nail Clinic  
5:00 Tuesday Night Meal  
6:00 Bingo

**19**  
COFFEE CLUB  
9:00 TOPS



**20 8:30 Breakfast In Briefcase** Sponsored by HSHS St Anthony's Home Care & Hospice  
9:00 Exercise to Tape  
1:00 Movie Time: State Fair



**21 COFFEE CLUB Thru Rides Mass Transit**  
1:00 Bingo Sponsor: Villa's of Hollybrook



**22 Taste of Champaign & Shopping Champaign IL**



Ph: 1-877-667-6123 to schedule  
Bus leaves ECCOA at 8am Sat.

**24**  
9:00 SHIP  
9:30 Knit/Crochet  
And Quilting Classes



**25**  
9:00 Exercise to Tape  
10:00 Line Dancing  
5:00 Tuesday Night Meal  
6:00 Bingo

**26**  
COFFEE CLUB  
9:00 TOPS  
1:00



**27 9:00 Exercise to Tape**  
1:00 Birthday Party w/Cake by Martins, Ice Cream from Brookstone Suites, Gift from Effingham Health & Rehab



**28 COFFEE CLUB Thru Rides Mass Transit**  
1:00 Bingo Sponsor: Lakeland Rehab



**29**  
Tour the SKI & craft beer company in Breese, IL

Ph: 1-877-667-6123 to schedule  
Bus leaves ECCOA at 8am Sat.

**31**  
9:00 SHIP  
9:30 Knit/Crochet  
And Quilting Classes